

Yersiniosis



What is Yersiniosis?

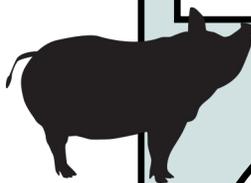
Yersiniosis is a foodborne illness caused by the bacteria *Yersinia*. Pigs are a major source for strains of *Yersinia*, such as *Yersinia enterocolitica* that causes human illness. *Yersinia* is contracted by eating undercooked or raw pork products. Children may become ill from cross contamination if caregivers do not wash their hands after handling raw pork products.

What is the burden of Yersiniosis each year in the United States?

- 117,000 illnesses
- 640 hospitalizations
- 35 deaths

What are common symptoms of Yersiniosis?

- Fever
- Abdominal Pain
- Diarrhea (can be bloody)
- Less common symptoms include skin rash, joint pain, and bacteria spreading to the bloodstream



How do people get sick from *Yersinia* ?

- Consuming contaminated and raw foods such as undercooked pork
- Direct contact with anyone who has prepared raw pork products
- Contact with animal feces
- Consuming contaminated milk or untreated water

How can I prevent Yersiniosis?

- Avoid consuming undercooked and raw pork products and unpasteurized dairy products
- Implement good handwashing techniques
- Avoid cross contamination of raw meats